

# February



**THE GARDENS**  
a Bethesda Senior Living Community  
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Legend:</b> Activity Room = AR Dining Room = DR Chapel = CP Living Room = LR Outing = O East or West Hall = EH, WH West Hall = WH Court Yard = CY IL—Independent Living PDR—Private Dining Room</p>	<p><b>The Chaplin is here most every Wednesday at 5 PM.</b></p> <p><b>Please let us know if you need a Chaplin visit.</b></p> <p><b>Construction will be going on in the AR so we move most activities to the Chapel</b></p>				<p><b>1</b> 9:00 Walmart &amp; Hy-Vee O 10:00 Sittersize w/Regina CP 10:30 Sing-Along CP 1:15 Travel Film CP 3:00 Ent. w/Jimmy Raschel DR 6:30 Dominos LR</p>	<p><b>2 Groundhog Day</b> 9:00 Card Games LR 10:00 Morning Stretch CP 10:30 Word Search LR 1:15 Card Games LR 3:00 Jigsaw Puzzles EH, WH 6:30 Card Games LR</p>
<p><b>3 Super Bowl 5:35 PM</b> 9:00 Reading CP 10:00 Morning Stretch CP 1:15 Rummikub LR 2:30 Religious Services w/SBT CP 3:15 Numbered Dominos LR 5:15 Piano Music w/Julie Holt CP 6:30 Word Puzzles AR</p>	<p><b>4</b> 9:00 Hall Walking 10:00 Exercise w/Regina CP 10:30 Flower Arranging CP 1:15 12 Square Table Game CP 3:00 Coloring Club CP 6:30 Fellowship w/Faith &amp; Friends CP</p>	<p><b>5</b> 9:15 Walmart &amp; Hy-Vee O 9:30 Catholic Communion CP 10:00 Exercise w/Justin CP 1:15 Jingo CP 3:00 Rob the Table CP 3:00 Russell Stover Candy Store O 6:30 Dice Games LR</p>	<p><b>6 Chaplin Sandy Visits 5 PM</b> 9:15 Shopping &amp; Errands O 10:00 Exercise w/Justin CP 1:15 Ride-Along w/Richard O 3:00 Men's Group—Meeting Snack provided PDR 4:00 Card Games LR 5:00 Chaplin Sandy CP 6:00 Prayer Group CP</p>	<p><b>7</b> 9:00 The Haven Hour CP 9:00 Shopping &amp; Errands O 10:00 Exercise w/Justin CP 10:30 Balloon Ball CP 1:15 Bingo CP 3:00 Valentine's Craft CP 6:30 Word Games LR</p>	<p><b>8</b> 9:00 Walmart &amp; Hy-Vee O 10:00 Sittersize w/Regina CP 10:30 Balloon Ball CP 1:15 Paper Friendship Cookie CP 3:00 Coloring Club CP 6:30 Dominos LR</p>	<p><b>9</b> 9:00 Card Games LR 10:00 Morning Stretch CP 10:30 Word Search LR 1:15 Card Games LR 3:00 Jigsaw Puzzles, EH,WH 6:30 Dice Games LR</p>
<p><b>10</b> 9:00 Reading CP 10:00 Morning Stretch CP 1:15 Rummikub LR 2:30 Religious Services w/Keith Surface CP 3:15 Numbered Dominos LR 6:30 Mini Puzzles LR</p>	<p><b>11</b> 9:00 Hall Walking 10:00 Exercise w/Regina CP 10:30 Flower Arranging CP 1:15 Rock Around the Clock Table Game CP 3:00 Music Therapy w/Alex CP 6:30 Rummikub LR</p>	<p><b>12</b> 9:15 Walmart &amp; Hy-Vee O 9:30 Catholic Communion CP 10:00 Exercise w/Justin CP 1:15 Jingo CP 3:00 Impromptu Stories DR 3:00 Shopping &amp; Errands O 6:30 Card Games LR</p>	<p><b>13 Chaplin Sandy Visits 5 PM</b> 9:15 Shopping &amp; Errands O 10:00 Exercise w/Justin CP 1:15 Ride-Along w/Richard O 3:00 Men's Group—Braum's Ice Cream O 4:00 Card Games LR 5:00 Chaplin Sandy CP 6:00 Prayer Group CP</p>	<p><b>14 Valentine's Day</b> 9:00 The Haven Hour CP 9:00 Shopping &amp; Errands O 10:00 Exercise w/Justin CP 10:30 Parachute CP 1:15 Bingo CP 3:00 Valentine's Day Party w/Shannon Stine DR 6:30 Word Puzzles LR</p>	<p><b>15</b> 9:00 Walmart &amp; Hy-Vee O 10:00 Sittersize w/Regina CP 10:30 RHC-FREE Hearing Aid Checks &amp; Cleaning LR 1:15 Sing-Along CP 3:00 Cheese &amp; Crackers CP 6:30 Dominos LR</p>	<p><b>16</b> 9:00 Card Games LR 10:00 Morning Puzzles CP 10:30 Word Puzzles LR 1:30 Fellowship w/Faith &amp; Friends CP 3:00 Jigsaw Puzzles, EH,WH 6:30 Card Games</p>
<p><b>17</b> 9:00 Reading CP 10:00 Morning Stretch CP 1:15 Rummikub LR 3:15 Numbered Dominos LR 5:00 Ent. Jerry Rogers DR 6:30 Word Puzzles LR</p>	<p><b>18</b> 9:00 Hall Walking 10:00 Exercise w/Regina CP 10:30 Flower Arranging CP 1:15 12 Square Table Game CP 3:00 Coloring Club CP 6:30 Rummikub LR</p>	<p><b>19 Paparazzi Jewelry 11-1</b> 9:15 Walmart &amp; Hy-Vee O 9:30 Catholic Communion CP 10:00 Exercise w/Justin CP 1:15 Jingo CP 2:30 Menu Meeting CP 3:00 Special Speaker &amp; Author —Darla Noble CP 3:00 Shopping &amp; Errands O 6:30 Dice Games LR</p>	<p><b>20 Chaplin Sandy Visits 5 PM</b> 9:15 Shopping b&amp; Errands O 10:00 Exercise CP 1:15 Ride-Along w/Richard O 3:00 Men's Group—Shoot Pool O 4:00 Card Games LR 5:00 Chaplin Sandy CP 6:00 Prayer Group CP</p>	<p><b>21</b> 9:00 The Haven Hour CP 9:00 Shopping &amp; Errands O 10:00 Exercise w/Justin CP 10:30 Hover Ball 1:15 Bingo CP 3:00 Town Hall Meeting DR 3:00 6:30 Word Games LR</p>	<p><b>22</b> 9:00 Walmart &amp; Hy-Vee O 10:00 Sittersize w/Regina CP 10:30 Sing-Along CP 1:15 Newspaper Flowers CP 3:00 Coloring Club CP 6:30 Dominos LR</p>	<p><b>23</b> 9:00 Card Games LR 10:00 Morning Stretch CP 10:30 Word Search LR 1:15 Card Games LR 3:00 Jigsaw Puzzles, EH,WH 6:30 Dice Games LR</p>
<p><b>24</b> 9:00 Reading CP 10:00 Morning Stretch CP 1:15 Rummikub LR 3:15 Numbered Dominos LR 6:00 Religious Services w/Union City Community Church CP 6:30 Mini Puzzles LR</p>	<p><b>25</b> 9:00 Hall Walking 10:00 Exercise w/Regina CP 10:30 Flower Arranging CP 1:15 Rock Around the Clock Table Game CP 3:00 Music Therapy w/Alex CP 6:30 Rummikub LR</p>	<p><b>26</b> 9:15 Walmart &amp; Hy-Vee O 10:00 Exercise w/Justin CP 9:30 Catholic Communion CP 1:15 Jingo CP 3:00 Impromptu Stories DR 3:00 Shopping &amp; Errands O 6:30 Card Games LR</p>	<p><b>27 Chaplin Sandy Visits 5 PM</b> 9:15 Shopping &amp; Errands O 10:00 Exercise CP 1:15 Ride-Along w/Richard O 2:30 Men's Group—Build Birdhouse 3:00 Ent. w/Brad &amp; Tamara DR 5:00 Chaplin Sandy CP 6:00 Prayer Group CP</p>	<p><b>28</b> 9:00 The Haven Hour CP 9:00 Shopping &amp; Errands O 10:00 Exercise w/Justin CP 10:30 Pet Therapy w/Su Lyn LR 1:15 Bingo CP 3:00 Nail Polishing CP 3:00 6:30 Word Games LR</p>		<p><b>One on One Computer Training w/Justin Tuesdays &amp; Thursdays 8:30 AM</b></p> <p><b>Activities are Subject to Change</b></p>